



# Immediate Care Training

I R E L A N D

innovation • education • integration



## Refresher - Level 2 Standard Principles of Resuscitation and Trauma in sport course (SPoRTS)

The responsibility of the pitch-side medical team has never been higher. Health care professionals are under more and more scrutiny in terms of skill maintenance and professional development.

The pitchside medic has a duty of care to the team, but also a responsibility to update and improve their skills. We believe in an integrated approach where Healthcare professionals from all levels and backgrounds practice skills and learn together and this pre-hospital course for those who don't deal with critical care situations every day is designed to encourage this.

The SPoRTS courses are designed to provide those who have an on-field/pitchside care responsibility with the theory, skills and knowledge within scope of practice to assess and perform immediate life saving interventions or to package and prepare the critically unwell player/athlete for safe transfer to hospital.

The course is designed to help you recognise the common and critical injured/ill player/athlete, decide on best action and utilise practical skills and equipment to provide treatment. This includes the non-technical aspects of leading a field-of-play team, coordination and decision-making.

This approach ensures that everyone involved in the delivery of pitchside care have the ability to take on team-leader or team member roles and are trained to the same high level.

### Candidate Criteria

Sports Immediate care course for health professionals involved or interested in pitch-side care

### Topics

- Assessing & moving injured players
- MSK injuries/ Immobilisation
- Airway management
- Concussion/Head Injuries
- Match day action-planning
- Spinal injuries Immobilisation

### Format

- Key lecture
- Scenarios
- Working in teams
- Skill stations
- Discussions/Workshops

### Overall Aims

1. To specify a safe and standardised approach in the delivery and level of pitchside Immediate care for Healthcare professionals involved with all sporting events
2. To improve confidence when dealing with the potentially critically Injured athletes on the field of play.
3. To provide a forum for sharing discussion amongst peers working in this setting

### 1-Day refresher course

**Date:** 23<sup>rd</sup> August

**Location:** Carlton Hotel,  
Blanchardstown, Dublin 15

**Cost:**

**Direct booking:**  
[SPoRTS Course booking](#)

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